

Inverbrothock Out of School Care Club

Charity Number: SC030097

Sun awareness policy

At Inverbrothock Out of School Care Club we operate a sun awareness policy. Children should have access to outdoor play daily and therefore we should take appropriate precautions to ensure that children have protection from the sun.

We aim to:

- Ensure that children and staff are properly protected when outdoors.
- Ensure that we work with children and their families to promote appropriate sun protection.
- Ensure that children and staff are protected from over exposure to the sun.
- Ensure that children are supported in keeping themselves safe in the sun.
- To choose to play in shaded areas between 11am-3pm

Procedures for children

- Where possible children should come to the club already wearing sunscreen, this should be SPF 30 or higher and carry at least a 4-star UVA protection.
- Ensure that the suncream provided has not passed its expiry date (suncreams usually have a shelf life of 2-3 years)
- Parents should complete a consent form for the application of sunscreen within the service if the child cannot apply it themselves.
- Parents should provide sunscreen (labelled with the child's name on it) and appropriate clothing preferably including a sun hat.
- Suncream will be applied every 2 hours.
- With parental permission, staff should supervise and support children in the application of sunscreen.
- Staff should wash their hands after each application. If gloves are worn, they should be changed after each application.
- Ensure there are ample shady areas provided in the outdoor environment and that children have access to drinking water.

The amount of time spent outdoors on sunny days should be carefully monitored and regulated to reduce the risk of over-exposure to the sun.

The above policy is approved and hereby adopted by the IOOSCC Committee

Updated February 2023.